



The Lazarus Life: My Journey of Transformation

A Study Guide for Individual and Small Group Discussion of the Book and Sermon Series

Chapter Eight

(Week 7 – February 15)

REMOVING THE GRAVECLOTHES:

Embracing the Help of a Loving Community

Key Concepts

- ✚ We need others to help us in the process of transformation.
- ✚ We cannot expect community to give what only Jesus can give.
- ✚ Yet Jesus did not do what community is created to do.
- ✚ A transformational community is a resurrected community.

Individual or Group Questions

1. Do you fear taking off any of your graveclothes? Why, or why not?
2. What would make you feel like someone yanked off your graveclothes? Why would you feel this way?
3. If you're part of a support group, how can you develop these qualities within this community? If you don't belong to a group, how can you develop these qualities in yourself?
 - ✚ Safety
 - ✚ Sharing stories
 - ✚ Grace
 - ✚ Hospitality
 - ✚ Acceptance
4. Focus on one of your graveclothes, perhaps the "cloth" that bothers you most. What would be a first step toward unraveling it?
5. If you're ready, offer the prayer on page 170 to God. If you're in a group, the members might want to pray it aloud together.