



The Lazarus Life: My Journey of Transformation

A Study Guide for Individual and Small Group Discussion of the Book and Sermon Series

Chapter Six

(Week 6 – February 8)

STEPPING TOWARD LIFE:

Choosing to Stumble Out of Darkness

Key Concepts

- ✚ Transformation is a step-by-step journey.
- ✚ Sometimes stepping into light is unsettling because it is new.
- ✚ Transformation is more about ordinary stumbling than dramatic moments.
- ✚ The most important thing is to be moving toward Jesus.

Individual or Group Questions

1. After Lazarus emerged from the tomb, graveclothes still bound him. Does this fact surprise you? Why, or why not?
2. When Jesus calls us from our tombs, why would he leave us bound in our “graveclothes” when we enter the daylight?
3. Why do you think spiritual growth and transformation is a slow process?
4. Writers have compared spiritual growth and transformation to a journey, stages of faith, the rooms of an interior castle, or a series of adventures. For you, what comparison describes this lifelong transformation? Why? Refer to the journey, stages, castle, or adventure comparison, or create one of your own
5. How would you describe your spiritual journey so far? Moving forward; feeling stuck; retreating to the tomb? Explain your response.
6. What might tempt you to return to your familiar, habitual tomb? How can you deal with this temptation so you keep moving toward Jesus?
7. What help do you need to grow more God-aware and self-aware? In your answer, include the people, resources, and spiritual disciplines that could support you.